

Murray Aquatic Club Winter 2013

The Murray Aquatics Club "MAC" is a competitive USA Swimming team for youth ages 5-18.

Team practices are held 5 days a week. To join MAC, swimmers must have completed swim lessons or given the Head Coach's approval after evaluation of swimming skills. To participate in practices and compete in swim meets, all swimmers must become a member of USA Swimming. New members of MAC are recommended to join the Pre-MAC team. All swimmers are expected to attend swim meets.

Swimmers are **expected** to attend practice: MAC (5x per week), Pre-MAC (3x per week)

Head Coach: Ari Romo

Assistant Coaches: Riley Buckner, Tyler Nielsen, Mariah Shipley

Ages 5 - 18

Days Monday - Friday (Practice Schedules are available on Aquatic

Calendar on the Park Center website; updates will be emailed)

Times MAC Practices 4:00 - 5:30PM

Pre-MAC Team 4:00 - 5:00PM

Swim meets are held monthly, no practices on meet days

Cost:

Monthly (Dec, Jan, Feb) Seasonal (Dec - Feb)

Resident-Member/Non-Resident Resident-Member/Non-Resident \$40/\$45 \$105/\$120 \$35/\$40 – (Pre-MAC) \$90/\$105 – (Pre-MAC)

USA Swimming Registration is required by all participating in MAC. Please see Head Coach for details.

Participants Name:			
Address:			
Parent/Guardian:	Phone:		
Email Address:			
Emergency Contact:	Phone:		
Does the participant have any physical limitations?	No Yes		
If yes, please explain:			
I have received and signed the concussion policy:	Yes No		
LIABILITY RELEASE AND PERMISSION TO PARTICIPATE In consideration of the acceptance of my application for the above activity, I hereby waive, release, and discharge any and all claims for damages, for death, personal injury, or property damage which my child may have, or which may hereafter accrue as a result of participation in said event. It is understood that some recreational activities involve an element of risk or danger of accidents, and knowing those risks, I hereby assume those risks. It is further understood and agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns. I have read and understood the forgoing registration, liability release and agree to all of their terms and conditions.			
Parent/Guardian Signature	Date		



The Park Center 202 E. Murray Park Ave. (801)284-4200 www.murray.utah.gov

Office	Use	Only

Paid \$ _____ CASH CHECK VISA AMEX DISC MC Date

Staff